

NAM VIET OCCUPATIONAL SAFETY TRAINING AND ENVIRONMENTAL MONITORING CO., LTD.

Full name:

Year of birth:

Company:

**Please circle one (01) correct answer.**

**Question 1:** Which of the following factors most strongly affects the performance of mattress edging machines in hot weather conditions?

- a) High ambient temperature reduces the durability of machinery
- b) High humidity increases the possibility of wear and tear on machine components.
- c) Machines are overloaded due to lack of lubrication.
- d) Sewing materials shrink and deform

**Question 2:** When the working environment has too much light, workers will encounter which of the following problems?

- a) Tired eyes and reduced ability to concentrate
- b) Easily identify product defects
- c) Improve work efficiency due to unrestricted vision
- d) Reduce eye strain when working long hours

**Question 3:** To ensure the mattress edging machine operates stably, which factor needs to be maintained best?

- a) Make sure the machine is free of dust and dirt.
- b) Machine components must be properly lubricated.
- c) The machine must always be turned on when there is no operator.
- d) The ambient temperature must be maintained at an extremely high level.

**Question 4:** What can happen when the mattress edging machine is in poor technical condition?

- a) The machine will run faster and save energy.
- b) Product defect rate will decrease
- c) Increased risk of occupational accidents and machine breakdown
- d) Workers can easily control sewing speed

**Question 5:** How do workers' safety skills affect the operation of mattress edging machines?

- a) Reduced production capacity, increased costs
- b) Ensure stable operating procedures and reduce the risk of accidents
- c) No obvious impact on work performance
- d) Reduce machine operating time

**Question 6:** Which of the following factors can cause a shortage of raw materials in the production process of mattress edging machines?

- a) Bad weather conditions such as heavy rain or storms
- b) Machines operate efficiently
- c) Inexperienced human resources
- d) Poor lighting in the work area

**Question 7:** How to minimize the risk of accidents when operating a mattress edging machine?

- a) Limit the use of personal protective equipment to increase comfort
- b) Continuous training and updating of safety procedures for workers
- c) Perform less frequent machine maintenance
- d) Enhance machine operation even in case of failure

**Question 8:** When the mattress edging machine is not properly maintained, which of the following risks can occur?

- a) Machines operate smoothly and stably
- b) Machine parts are susceptible to wear and tear
- c) Production materials are saved
- d) Production speed will increase without problems

**Question 9:** How will a neat and tidy working environment help workers in the process of operating mattress edging machines?

- a) Reduce the risk of collisions and work accidents
- b) Increased distraction and reduced work efficiency
- c) Increases uncontrolled machine speed
- d) Reduce product quality

**Question 10:** What is the effect of using personal protective equipment during the operation of mattress edging machine?

- a) Reduce work efficiency
- b) Protect the body from harmful risks from the working environment
- c) Increased stress levels for workers
- d) Helps reduce working time

**Question 11:** According to the provisions of Decree 44/2016/NĐ-CP dated May 15, 2016 of the Government, workers with strict requirements on occupational safety (group 3) must receive at least how many hours of initial periodic training?

- a) 16 hours
- b) 24 hours
- c) 30 hours
- d) 48 hours

**Question 12:** Employees who work continuously for 8 hours or 6 hours according to the provisions of the 2020 Labor Code are entitled to a break of at least how many minutes, counted as working hours?

- a) 20 minutes
- b) 30 minutes
- c) 40 minutes
- d) 50 minutes

**Question 13:** The elements that make up a normal flame are?

- a) Oxygen
- b) Combustible
- c) Heat source
- d) Both sentences (a and b) are correct.
- e) All three sentences (a, b, c) are correct.

**Question 14:** When a worker has a work accident caused by the Employer's fault and his/her working capacity is reduced by 81%, how much compensation will he/she receive?

- a) 30 Months of minimum wage
- b) 30 Months of Social Insurance Salary
- c) 30 months salary according to labor contract.

**Question 15:** Equip yourself with adequate personal protective equipment to

- a) Preventing work accidents
- b) Preventing occupational diseases
- c) Both of the above

**Question 16:** Please indicate the correct and complete answer about the conditions for employees to enjoy in-kind compensation?

- a) Doing jobs and occupations in the list of especially arduous, toxic, dangerous jobs and arduous, toxic, dangerous jobs and occupations issued by the Ministry of Labor - Invalids and Social Affairs
- b) Working in a working environment with at least one of the hazardous or toxic factors that do not meet the hygiene standards permitted by the Ministry of Health or are in direct contact with sources of infectious diseases
- c) Both of the above conditions

**Question 17:** What will workers get when they have occupational diseases?

- a) Treatment and leave from work.
- b) Treatment until recovery and return to old job.
- c) Treatment until recovery and reassignment to work suitable to health.
- d) Provide financial assistance and help find another job.

**Question 18:** According to the Law on Labor Safety and Hygiene, how many obligations do workers have?

- a) have an obligation.
- b) has 2 obligations.
- c) has 3 obligations.
- d) has 4 obligations.

**Question 19:** Which of the following subjects are required to receive occupational safety and hygiene training?

- a) Employed people, newly recruited people
- b) Apprentices and trainees
- c) Probationers and freelance workers hired by the establishment
- d) Both sentences (a and b) are correct.
- e) Both sentences (a, c) are correct.
- f) All 3 sentences (a, b, c) are correct.

**Question 20:** Employees have the right to refuse to do work or leave the workplace while still receiving full pay and not being considered as violating labor discipline when they clearly see a risk of a work accident that seriously threatens their life and health and must immediately report to the person directly in charge, true or false?

- a) True
- b) False