

NAM VIET OCCUPATIONAL SAFETY TRAINING AND ENVIRONMENTAL MONITORING CO., LTD.

Full name:

Year of birth:

Company:

Please circle one (01) correct answer.

Question 1: The process of sharpening knives, spoons and forks creates metal dust and heat. To protect workers from these hazards, which personal protective equipment is most necessary?

- a) Helmet
- b) Protective glasses and gloves
- c) Protective shoes
- d) Reflective vest

Question 2: Work accidents during sharpening can occur due to which of the following incidents related to the grinder?

- a) Grinders are not regularly maintained
- b) The blade sharpening process does not take enough time
- c) Workers working in poor light
- d) Workers do not perform blade sharpening operations quickly enough

Question 3: During polishing, which accident risk related to contact with rotating machine parts is the most dangerous?

- a) Chemical burns
- b) Cuts or scratches due to contact with rapidly rotating parts
- c) Risk of slipping due to metal dust
- d) Noise-induced hearing loss

Question 4: Accidents in the polishing process can come from which of the following causes?

- a) Lack of regular maintenance and inspection of machinery
- b) Workers do not wear masks
- c) Polishing process is too fast
- d) The polishing machine is too strong

Question 5: In the sharpening process, careful adjustment of the grinder directly affects which factor?

- a) Time to complete the work
- b) Product sharpness and worker safety
- c) Working speed of workers
- d) Durability of the grinder

Question 6: During the polishing process, if workers do not use full personal protection, what disease risk can occur?

- a) Tired eyes
- b) Skin allergies and respiratory problems due to metal dust and chemicals
- c) Noise-induced hearing loss
- d) Impact injuries

Question 7: The safety procedure when sharpening requires workers not to work in which state?

- a) Fatigue or lack of concentration
- b) At night
- c) When the grinder is not working properly
- d) While waiting for equipment maintenance

Question 8: To reduce the risk of accidents during the polishing process, workers need to take which of the following measures?

- a) Ensure machinery is in good working order and use a dust extraction system.
- b) Make sure there are no objects near the grinder.
- c) Increase working speed
- d) Reduce the number of workers in the area

Question 9: What are the common causes of occupational accidents during sharpening and polishing?

- a) Lack of training on occupational safety
- b) Chemical abuse during sharpening process
- c) Inaccuracy in adjusting the grinder
- d) Using inappropriate personal protective equipment

Question 10: In an emergency work accident situation, what should workers do immediately?

- a) Continue working if the condition is not serious
- b) Immediately stop the machine and cut off the power to stop the problem.
- c) Perform basic first aid and continue working
- d) Call the manager and wait for help

Question 11: What is the purpose of occupational safety and hygiene?

- a) Ensure safety for workers, minimize or prevent accidents, injuries or deaths at work.
- b) Ensure that workers are healthy and do not suffer from occupational diseases or other illnesses caused by poor working conditions.
- c) Maintain, restore health and prolong working time for workers.

- d) All three (a, b, and c) are correct

Question 12: According to the Law on Labor Safety and Hygiene, how many obligations do employees have?

- a) 1 obligation.
- b) 2 obligations.
- c) 3 obligations.
- d) 4 obligations.

Question 13: When a worker has a work accident caused by the Employer's fault and his/her working capacity is reduced by 81%, how much compensation will he/she receive?

- a) 30 Months of Minimum Wage
- b) 30 Months of Social Insurance Salary
- c) 30 months salary according to labor contract.

Question 14: Employees who work continuously for 8 hours or 6 hours according to the provisions of the 2020 Labor Code are entitled to a break of at least how many minutes, counted as working hours?

- a) 20 minutes
- b) 30 minutes
- c) 40 minutes
- d) 50 minutes

Question 15: Employees have the right to refuse to do work or leave the workplace while still receiving full pay and not being considered as violating labor discipline when they clearly see a risk of a work accident that seriously threatens their life and health and must immediately report to the person directly in charge, true or false?

- a) True
- b) False

Question 16: What will workers get when they have occupational diseases?

- a) Treatment and leave from work.
- b) Treatment until recovery and return to old job.
- c) Treatment until recovery and reassignment to work suitable to health.
- d) Provide financial assistance and help find another job.

Question 17: While working, workers can omit some of the contents of the safe working process to do the job faster.

- a) True
- b) False

Question 18: Equip yourself with adequate personal protective equipment to

- a) Preventing work accidents
- b) Preventing occupational diseases
- c) Both of the above

Question 19: According to the provisions of Decree 44/2016/ND-CP dated May 15, 2016 of the Government, workers with strict requirements on occupational safety (Group 3) must receive at least how many hours of initial periodic training?

- a) 16 hours
- b) 24 hours
- c) 30 hours
- d) 48 hours

Question 20: When an employee suffers from an occupational disease with a 40% reduction in working capacity due to the employer's fault, what benefits will the employee receive if the employer does not pay insurance for occupational accidents and diseases?

- a) Monthly allowance
- b) One-time subsidy
- c) Not entitled to benefits

