

NAM VIET OCCUPATIONAL SAFETY TRAINING AND ENVIRONMENTAL MONITORING CO., LTD.

Full name:

Year of birth:

Company:

Please circle one (01) correct answer.

Question 1: What is the main cause of occupational accidents when using heat press machines during the process of reinforcing the edges of mats?

- a) Heat press machine has unstable temperature
- b) Failure to comply with safe operating procedures
- c) Poor quality protective equipment
- d) Working environment is too noisy

Question 2: Why is it important to maintain the sewing machine during the hemming process?

- a) Helps increase workers' working speed
- b) Ensure the machine operates smoothly and safely
- c) Helps reduce machine maintenance costs
- d) Avoid wasting raw materials during the production process

Question 3: In an unsafe working environment, which of the following factors can lead to the risk of falling?

- a) Use high power LED lights
- b) Raw materials are arranged haphazardly on the floor
- c) Machinery is inspected periodically
- d) Spacious working space

Question 4: What is the most effective measure to prevent accidents caused by sewing needles during the process of reinforcing the edges of the mat?

- a) Wear protective gloves when working
- b) Work quickly to avoid pricking your hand with the needle
- c) Limit the use of manual sewing needles
- d) Place the needle in the most accessible position to save time

Question 5: When a burn occurs due to a heat press, what is the first first aid step to take?

- a) Apply burn cream immediately
- b) Apply ice directly to the burn
- c) Take the victim to a place with fresh air and cool the burn with clean water
- d) Use a warm towel on the burn to relieve pain

Question 6: What is the purpose of labor safety regulations requiring inspection of machinery before work?

- a) Check the production capacity of the machine
- b) Early detection of potentially dangerous technical errors
- c) Evaluate the working speed of workers
- d) Determine the power consumption of the machine

Question 7: Which factors can increase the risk of occupational diseases when working in the mat weaving industry?

- a) Use natural light in the workshop
- b) Repeating movements for long periods of time without proper rest
- c) Wear gloves and goggles regularly
- d) Do stretching exercises between work hours

Question 8: In case of a sewing needle being stuck deep into the hand, which treatment is incorrect?

- a) Immediately remove the needle and let the wound bleed naturally for a short time.
- b) Wash the wound with clean water and disinfect with a disinfectant solution.
- c) Use clean gauze to cover the wound to prevent infection.
- d) Continue working normally if the wound is not too large.

Question 9: What is one of the common causes of worker injury when operating sewing machines?

- a) Not reading the manufacturer's instructions carefully
- b) Using the wrong size sewing needle
- c) Do not turn off the machine when making adjustments or repairs
- d) Working at too slow a speed

Question 10: According to labor safety regulations, who is primarily responsible for ensuring safety at the workplace?

- a) Only business owners
- b) Only business owners
- c) Both employees and employers
- d) Only labor management agencies

Question 11: Employees have the right to refuse to do work or leave the workplace while still receiving full pay and not being considered as violating labor discipline when they clearly see a risk of a work accident that seriously threatens their life and health and must immediately report to the person directly in charge, true or false?

- a) True
- b) False

Question 12: The elements that make up a normal flame are

- a) Oxygen
- b) Combustible
- c) Heat source
- d) Both (a and b) are correct
- e) All three (a, b, c) are correct

Question 13: When a worker has a work accident caused by the Employer's fault and his/her working capacity is reduced by 81%, how much compensation will he/she receive?

- a) 30 Months of minimum wage
- b) 30 Months of Social Insurance Salary
- c) 30 months salary according to labor contract

Question 14: When suffering from an occupational disease with a 40% reduction in working capacity due to the fault of the employer, what benefits will the employee receive if the employer does not pay unemployment insurance and occupational disease insurance?

- a) Monthly allowance
- b) One-time subsidy
- c) Not entitled to benefits

Question 15: Equip yourself with adequate personal protective equipment to

- a) Preventing work accidents
- b) Preventing occupational diseases
- c) Both of the above

Question 16: Fire prevention and fighting measures are

- a) Propaganda and education measures
- b) Technical measures
- c) Administrative and legal measures
- d) Measures to choose fire-resistant or non-fireproof materials right from the design of the constructions
- e) Measures for periodic inspection, maintenance and repair of machinery
- f) All three (a, b, and c) are correct
- g) All five (a, b, c, d, and e) are correct

Question 17: According to the Law on Labor Safety and Hygiene, how many obligations do workers have?

- a) 1 obligation.
- b) 2 obligations.
- c) 3 obligations.
- d) 4 obligations.

Question 18: What will workers get when they have occupational diseases?

- a) Treatment and leave from work.
- b) Treatment until recovery and return to old job.
- c) Treatment until recovery and reassignment to work suitable to health.
- d) Provide financial assistance and help find another job.

Question 19: Which of the following subjects are required to receive occupational safety and hygiene training?

- a) Current employees, newly recruited employees
- b) Apprentices and trainees
- c) Probationary employees, freelance workers hired by the establishment
- d) Both (a and b) are correct.
- e) Both (a, c) are correct.
- f) All three (a, b, c) are correct.

Question 20: While working, workers can omit some of the contents of the safe working process to do the job faster.

- e) True
- f) False

