

## NAM VIET OCCUPATIONAL SAFETY TRAINING AND ENVIRONMENTAL MONITORING CO., LTD.

Full name:

Year of birth:

Company:

Please circle one (01) correct answer.

**Question 1:** During the process of assembling a treadmill frame, which of the following accidents is the most common?

- a) Electric shock injury
- b) Injuries due to contact with sharp metal parts
- c) Burns caused by heat from welding machine
- d) Accidents due to working at height

**Question 2:** Which of the following factors is the main cause of occupational accidents when assembling mechanical components?

- a) Asynchronous assembly process
- b) Workers are not trained in safety procedures
- c) Poorly lit working environment
- d) Using outdated tools

**Question 3:** Which of the following tools does a machine frame assembly worker need to use to perform the assembly operation?

- a) Drill, welder and wrench
- b) Grinder and shears
- c) Milling and punching machines
- d) Vacuum cleaner and pliers

**Question 4:** What needs to be checked periodically during the assembly of mechanical components to ensure work safety?

- a) Mechanical parts after assembly
- b) The work area has enough light
- c) Tools and equipment such as drills and wrenches
- d) Windy working environment

**Question 5:** What are muscle strain accidents during the assembly of mechanical components often associated with?

- a) Transporting heavy components without lifting equipment
- b) Working in an environment that is too hot

- c) Improper use of tools.
- d) Lack of welding techniques

**Question 6:** What measures are necessary to prevent accidents due to impact when assembling mechanical components?

- a) Maintain a clean and tidy work area
- b) Reduce working speed
- c) Increase the number of workers
- d) Use automatic tools

**Question 7:** When a work accident occurs during the frame assembly process, what is the first step that the worker needs to take?

- a) Call an ambulance
- b) Immediately stop work and secure the area
- c) Find the cause of the accident
- d) Provide first aid and continue work

**Question 8:** What can lead to electrical accidents during the assembly of mechanical components?

- a) Install electronic components without disconnecting the power supply
- b) Improper use of tools
- c) Not checking the tool before use
- d) Lack of personal protective equipment

**Question 9:** In the frame assembly process, what is especially important to ensure the frame has high stability and durability?

- a) Precisely fix parts such as motors and shafts
- b) Quickly assemble parts without checking
- c) Use automatic tools instead of manual tools
- d) Assembly requires only basic parts

**Question 10:** When handling a work accident, which of the following steps is not a key action in an emergency situation?

- a) Assess the victim's condition
- b) Perform first aid
- c) Report the accident immediately
- d) Continue work when the victim has received first aid

**Question 11:** While working, workers can omit some of the contents of the safe working process to perform the job faster.

- a) True
- b) False

**Question 12:** Fire prevention and fighting measures are

- a) Propaganda and education measures
- b) Technical measures
- c) Administrative and legal measures
- d) Measures to choose fire-resistant or non-fireproof materials right from the design of the constructions
- e) Measures for periodic inspection, maintenance and repair of machinery
- f) All three (a, b, c) are correct
- g) All five (a, b, c, d, e) are correct

**Question 13:** When a worker has a work accident caused by the Employer's fault and his/her working capacity is reduced by 81%, how much compensation will he/she receive?

- a) 30 Months of minimum wage
- b) 30 Months of Social Insurance Salary
- c) 30 months salary according to labor contract.

**Question 14:** According to the provisions of Decree 44/2016/ND-CP dated May 15, 2016 of the Government, workers with strict requirements on occupational safety (group 3) must receive at least how many hours of initial periodic training?

- a) 16 hours
- b) 24 hours
- c) 30 hours
- d) 48 hours

**Question 15:** Which of the following subjects are required to receive occupational safety and hygiene training?

- a) Current workers and newly recruited employees
- b) Apprentices and trainees
- c) Probationary workers and freelance workers hired by the facility
- d) Both (a) and (b) are correct
- e) Both (a) and (c) are correct
- f) All three (a, b, and c) are correct

**Question 16:** What will workers get when they have occupational diseases?

- a) Treatment and leave from work.
- b) Treatment until recovery and return to old job.
- c) Treatment until recovery and reassignment to work suitable to health.

- d) Provide financial assistance and help find another job.

**Question 17:** According to the Law on Labor Safety and Hygiene, how many obligations do workers have?

- a) 1 obligation.
- b) 2 obligations.
- c) 3 obligations.
- d) 4 obligations.

**Question 18:** Employees have the right to refuse to do work or leave the workplace while still receiving full pay and not being considered as violating labor discipline when they clearly see a risk of a work accident that seriously threatens their life and health and must immediately report to the person directly in charge, true or false?

- a) True
- b) False

**Question 19:** Causes of injury when using hand-held primitive tools

- a) Using damaged tools or tools lacking safety equipment
- b) Using it for purposes other than its intended purpose
- c) Improper operation and use
- d) Both (a) and (b) are correct
- e) All three (a, b, c) are correct

**Question 20:** Equip yourself with adequate personal protective equipment to

- a) Preventing work accidents
- b) Preventing occupational diseases
- c) Both of the above