

NAM VIET OCCUPATIONAL SAFETY TRAINING AND ENVIRONMENTAL MONITORING CO., LTD.

Full name:

Year of birth:

Company:

Please circle one (01) correct answer.

Question 1: Which machine in the weight production process can pose a risk of pinching or cutting to workers?

- a) Die casting machine
- b) Spray painting machine
- c) Quality inspection machine
- d) CNC milling machine

Question 2: What are the hazards associated with the chemicals used in the spray painting process when manufacturing weights?

- a) Risk of burns
- b) Risk of hearing loss
- c) Risk of inhaling toxic gases
- d) Risk of musculoskeletal injuries

Question 3: What personal protective equipment should weight production workers use to protect their hearing from machine noise?

- a) Protective glasses
- b) Respirator mask
- c) Noise-cancelling earmuffs or earplugs
- d) Protective clothing

Question 4: Which measure is an important part of reducing the risk of chemical exposure during weight production?

- a) Periodic product quality checks
- b) Training employees on occupational safety
- c) Store chemicals in a separate and safe area
- d) Use machines to automate the entire process

Question 5: In weight production work, which worker is responsible for inspecting the weight and durability of the product?

- a) CNC machining worker
- b) Packing workers

- c) Quality control staff
- d) Painting workers

Question 6: To ensure a safe working environment, what measures are necessary to reduce toxic gases and dust in the air?

- a) Arrange the work area neatly
- b) Perform regular machine maintenance
- c) Ensure the ventilation system operates effectively
- d) Organize on-site training sessions

Question 7: Which process in weight production may pose a risk of burns to workers?

- a) CNC machining
- b) Welding weights
- c) Spray painting
- d) Molding

Question 8: What measures help prevent musculoskeletal injuries when lifting and lowering heavy weights?

- a) Use personal protective equipment
- b) Comply with labor safety procedures
- c) Lifting weights with the correct technique and using supportive equipment
- d) Ensure the work area is tidy

Question 9: Which worker in the weights manufacturing process will assemble the components of the weights?

- a) CNC machining worker
- b) Grinding and polishing workers
- c) Assembly workers
- d) Molding workers

Question 10: In the safety inspection process, which is important to reduce the level of hazard in the working environment?

- a) Training and coaching employees on safety
- b) Check welds and metal surfaces
- c) Analysis of hazardous factors in the working environment
- d) Provide protective clothing for all employees

Question 11: Employees have the right to refuse to do work or leave the workplace while still receiving full pay and not being considered as violating labor discipline when they clearly see a risk of a work

accident that seriously threatens their life and health and must immediately report to the person directly in charge, true or false?

- a) True
- b) False

Question 12: The elements that make up a normal flame are

- a) Oxygen
- b) Combustible
- c) Heat source
- d) Both sentences (a and b) are correct.
- e) All three sentences (a, b, c) are correct.

Question 13: When a worker has a work accident caused by the Employer's fault and his/her working capacity is reduced by 81%, how much compensation will he/she receive?

- a) 30 Months of minimum wage
- b) 30 Months of Social Insurance Salary
- c) 30 months salary according to labor contract.

Question 14: When suffering from an occupational disease with a 40% reduction in working capacity due to the fault of the employer, what benefits will the employee receive if the employer does not pay unemployment insurance and occupational disease insurance?

- a) Monthly allowance
- b) One-time subsidy
- c) Not entitled to benefits

Question 15: Equip yourself with adequate personal protective equipment to

- a) Preventing work accidents
- b) Preventing occupational diseases
- c) Both of the above

Question 16: Fire prevention and fighting measures are

- a) Propaganda and education measures
- b) Technical measures
- c) Administrative and legal measures
- d) Measures to choose fire-resistant or non-fireproof materials right from the design of the constructions
- e) Measures for periodic inspection, maintenance and repair of machinery
- f) All 3 sentences (a, b, c) are correct.
- g) All 05 sentences (a, b, c, d, e) are correct

Question 17: According to the Law on Labor Safety and Hygiene, how many obligations do workers have?

- a) have an obligation.
- b) has 2 obligations.
- c) has 3 obligations.
- d) has 4 obligations.

Question 18: What will workers get when they have occupational diseases?

- a) Treatment and leave from work.
- b) Treatment until recovery and return to old job.
- c) Treatment until recovery and reassignment to work suitable to health.
- d) Provide financial assistance and help find another job.

Question 19: Which of the following subjects are required to receive occupational safety and hygiene training?

- a) Employed people, newly recruited people
- b) Apprentices and trainees
- c) Probationers and freelance workers hired by the establishment
- d) Both sentences (a and b) are correct.
- e) Both sentences (a, c) are correct.
- f) All 3 sentences (a, b, c) are correct.

Question 20: While working, workers can omit some of the contents of the safe working process to do the job faster.

- e) True
- f) False